





STANDING MULTI FLIGHT / U2046



SPECIFICATIONS

U2046

02040	
Dimension	1425 x 886 x 1990 mm
Weight stack	110 kg
Extra weight stack	U2046_EW / 135 kg
Frame dimensions	37 x 134 mm
Transport box	1980 x 1080 x 580 mm Plywood
Frame color	• • •
Application color	• • •
Weight net / gross	322 kg / 352 kg



The Standing Multi Flight is a multifunctional machine for a complete upper body workout. With height adjustment of the rotation centers, counterbalanced and starting angle adjustment, this machine ensures a natural and effective adaptation of the load.

PRONE LEG CURL / E7001



SPECIFICATIONS

E7001

Dimension	1610 x 1110 x 1530 mm
Weight stack	110 kg
Extra weight stack	E7001_EW / 135 kg
Frame dimensions	37 x 134 mm
Transport box	1720 x 1080 x 470 mm Plywood
Frame color	• • •
Application color	• • •
√ Weight	244 kg



Thanks to the prone design of Prone Leg Curl, users can easily and comfortably use the device to strengthen calf and hamstring muscles. The design of eliminating the elbow pad makes the structure of the equipment more concise, and

the divergent body pad angle eliminates the pressure on the lower back and makes training

more focused.





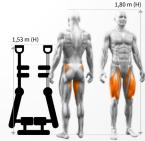
LEG EXTENSION / E7002



SPECIFICATIONS

E7002

_,	
Dimension	1425 x 1165 x 1530 mm
Weight stack	110 kg
Extra weight stack	E7002_EW / 135 kg
Frame dimensions	37 x 134 mm
Transport box	1720 x 1080 x 470 mm Plywood
Frame color	• • •
Application color	• • •
Weight	257 kg



The Leg Extension is designed to help exercisers focus on the major muscles of the thigh. Angled seat and back pad encourage full quadriceps contraction. A self- adjusting tibia pad provides comfortable support, the adjustable back cushion allows the knees to be easily aligned with the pivot axis to achieve good biomechanics.

LEG PRESS / E7003



SPECIFICATIONS

E7003

Dimension	1870 x 1086 x 1530 mm
Weight stack	140 kg
Extra weight stack	
Frame dimensions	37 x 134 mm
Transport box	2120 x 1110 x 600 mm Plywood
Frame color	• • •
Application color	• • •
Weight	357 kg



The Leg Press is efficient and comfortable when training the lower body. The angled adjustable seat allows easy positioning for different users. The large foot platform offers a variety of training modes, including calf exercises. Integrated assist handles on both sides of the seat allow the exerciser to better stabilise the upper body during training.





LATERAL RAISE / E7005



SPECIFICATIONS

E7005			
×	1300 x 970 x 1530 mm		
Weight stack	110 kg		
Extra weight stack	E7005_EW / 135 kg		
Frame dimensions	37 x 134 mm		
Transport box	1730 x 1110 x 500 mm Plywood		
Frame color	• • •		
Application color	• • •		
Weight	245 kg		



The lateral Raise is designed to allow exercisers to maintain a sitting posture and easily adjust the height of the seat to ensure that the shoulders are aligned with the pivot point for effective exercise. The gas-assisted seat adjustment and multi-start position adjustment are added to improve the user's experience and actual needs.

SHOULDER PRESS / E7006



SPECIFICATIONS

) Dimen	sion	1550 x 1550 x 1530 mm
Weigh	t stack	110 kg
Extra	veight stack	E7006_EW / 135 kg
Frame	dimensions	37 x 134 mm
Transp	oort box	1720 x 1110 x 500 mm Plywood
A Frame	color	• • •
Applic Applic	ation color	• • •
√ weigh	t	263 kg



The Shoulder Press offers a new motion trajectory solution that simulates natural motion paths. The dual- position handle supports more training styles, and the angled back and seat pads help users maintain a better training position and provide corresponding support.





REAR DELT / PEC FLY / E7007



SPECIFICATIONS

E7007				
> Dimension	1280 x 1430 x 2075 mm			
Weight stack	95 kg			
Extra weight stack				
Frame dimensions	37 x 134 mm			
Transport box	2020 x 1110 x 650 mm Plywood			
Frame color	• • •			
Application color	• • •			
√ Weight	249 kg			



The Rear Delt / Pec Fly offer a comfortable and efficient manner to train upper body muscle groups. The adjustable rotating arm is designed to adapt to the arm length of different users, providing the correct training posture. Oversized handles reduce the extra adjustment needed to switch between the two sports, and gas-assisted seat adjustment and wider back cushions further enhance the training experience.

VERTICAL PRESS / E7008



SPECIFICATIONS

E70	08	
×	Dimension	1435 x 1125 x 1530 mm
當	Weight stack	110 kg
	Extra weight stack	E7008_EW / 135 kg
	Frame dimensions	37 x 134 mm
	Transport box	1720 x 1110 x 400 mm Plywood
8	Frame color	• • •
W	Application color	• • •
ů.	Weight	249 kg



The Vertical Press is great for training upper body muscle groups. Assisted footrests are eliminated, and an adjustable back pad is used to provide a flexible starting position, which balanced both comfort and performance. The split-type motion design allows exercisers to choose a variety of training programs. The low pivot of the movement arm ensures proper path of motion and easy entrance/exit to and from the unit.







SPECIFICATIONS

\times	Dimension	1930 x 1000 x 2495 mm
當	Weight stack	110 kg
	Extra weight stack	E7009_EW / 135 kg
	Frame dimensions	37 x 134 mm
	Transport box	2480 x 1110 x 400 mm Plywood
8	Frame color	• • •
W	Application color	• • •
0		



The Dip/Chin Assist is optimised for pull-ups and parallel bars. The standing posture is used instead of the kneeling posture for training, which is closer to the real training situation. There are two training modes, assisted and unassisted, for users to freely adjust the training plan.

STANDING CALF / E7010



SPECIFICATIONS

Dimension	1860 x 820 x 1530 mm
Weight stack	80 kg
Extra weight stack	E7010_EW / 95 kg
Frame dimensions	37 x 134 mm
Transport box	1720 x 1110 x 400 mm Plywood
A Frame color	• • •
Application color	• • •
Weight	280 kg



The Standing Calf is designed to train the calf muscles safely and effectively. Adjustable height shoulder pads can fit most users, combined with anti-slip foot plates and handles for safety. The Standing Calf provides effective training for the calf muscle group by standing on tiptoes.







SPECIFICATIONS

E70	12	
\times	Dimension	1190 x 1200 x 2230 mm
Ê	Weight stack	110 kg
轚	Extra weight stack	E7012_EW / 135 kg
	Frame dimensions	37 x 134 mm
	Transport box	2480 x 1130 x 450 mm Plywood
8	Frame color	• • •
W	Application color	• • •
å		0401



The Lat Pulldown follows the usual design style of this category, with the pulley position on the device allowing the user to move smoothly in front of the head. The Fusion Pro Series powered gas assist seat and adjustable thigh pads make it easier for exercisers to use and adjust.

ROTATION / E7018



SPECIFICATIONS

E7018

Dimension	1150 x 1130 x 1530 mm
Weight stack	65 kg
Extra weight stack	E7018_EW / 95 kg
Frame dimensions	37 x 134 mm
Transport box	1710 x 1110 x 430 mm Plywood
Frame color	• • •
Mapplication color	• • •
Weight	260 kg



The Rotary Torso maintains the usual design of this type of equipment for comfort and performance. The kneeling position design is adopted, which can stretch the hip flexors while reducing the pressure on the lower back as much as possible. The uniquely designed knee pads ensure the stability and comfort of use and provide protection for multi-posture training.





ABDUCTOR & ADDUCTOR / E7021



SPECIFICATIONS

E7021	
Dimension	1550 x 860 x 1530 mm
Weight stack	110 kg
Extra weight stack	E7021_EW / 135 kg
Frame dimensions	37 x 134 mm
Transport box	1720 x 1110 x 450 mm Plywood
Frame color	• • •
Application color	• • •
we Weight	260 kg

The Abductor features an easy-adjust start position for both inner and outer thigh exercises. Improved ergonomic seat and back cushions provide users with stable support and a more comfortable experience. The pivoting thigh pads combined with an adjustable starting position allow the user to quickly switch between the two workouts.

SEATED LEG CURL / E7023



SPECIFICATIONS

Dimension	1665 x 1145 x 1530 mm
Weight stack	110 kg
Extra weight stack	E7023_EW / 135 kg
Frame dimensions	37 x 134 mm
Transport box	1720 x 1110 x 450 mm Plywood
A Frame color	• • •
Application color	• • •
√ Weight	276 kg



The Seated Leg Curl features a new construction designed to provide more comfortable and efficient leg muscle training. The angled seat and adjustable back pad allow the user to better align the knees with the pivot point to promote full hamstring contraction.





GLUTE ISOLATOR / E7024



SPECIFICATIONS

E7024

Dimension	2145 x 1030 x 1830 mm
Weight stack	110 kg
Extra weight stack	E7024_EW / 135 kg
Frame dimensions	37 x 134 mm
Transport box	1720 x 1110 x 550 mm Plywood
A Frame color	• • •
Application color	• • •
Weight	275 kg

The Glute Isolator based on the floor standing position and is designed to train the muscles of the glutes and standing legs. Both the elbow and chest pads have been ergonomically optimised to ensure comfort in training support. The motion part feature fixed double-layer tracks, with specially calculated track angles for optimal biomechanics.

SEATED DIP / E7026



SPECIFICATIONS

E7026	
C Dimension	1320 x 1050 x 1530 mm
Weight stack	110 kg
Extra weight stack	E7026_EW / 135 kg
Frame dimensions	37 x 134 mm
Transport box	1720 x 1110 x 450 mm Plywood
Frame color	• • •
Application color	• • •
√es Weight	259 kg



The Seated Dip replicates the motion path of the traditional parallel bar push-up exercise, providing a comfortable and effective way to train the triceps and pecs. The angled back pad reduces pressure while improving stability and comfort.





CAMBER CURL / E7030



SPECIFICATIONS

E7030

E7030	
5 Dimension	1500 x 930 x 1530 mm
Weight stack	80 kg
Extra weight stack	E7030_EW / 95 kg
Frame dimensions	37 x 134 mm
Transport box	1720 x 1110 x 350 mm Plywood
Frame color	• • •
Application color	• • •
√ wight Weight	197 kg



The Biceps Curl has a scientific curl position. Adaptive handle for comfortable grip, gasassisted seat adjustment system, optimised transmission which all make the training easier and effective.

BACK EXTENSION / E7031



SPECIFICATIONS

E7031

Dimension	1285 x 1055 x 1530 mm
Weight stack	110 kg
Extra weight stack	E7031_EW / 135 kg
Frame dimensions	37 x 134 mm
Transport box	1720 x 1110 x 350 mm Plywood
Frame color	• • •
Application color	• • •
Weight	250 kg



The Back Extension have a walk-in design with adjustable back rollers, allowing the exerciser to freely choose the range of motion. At the same time, the Fusion Pro Series optimises the pivot point of the motion arm to connect it with the main body of the equipment, improving stability and durability.





LONG PULL / E7033



SPECIFICATIONS

Mimension Dimension	1780 x 1320 x 1830 mm
Weight stack	110 kg
Extra weight stack	E7033_EW / 135 kg
Frame dimensions	37 x 134 mm
Transport box	2030 x 1130 x 780 mm Plywood
A Frame color	• • •
Application color	• • •
(Weight	262 kg



The Long Pull follows the usual design style of this category. As a mature and stable mid row training device, the Long Pull has a raised seat for easy entry and exit, and independent footrests support users of all sizes. The use of flat oval tubes further improves the stability of the equipment.

VERTICAL ROW / E7034



SPECIFICATIONS

> Dimension	1505 x 1005 x 1530 mm
Weight stack	110 kg
Extra weight stack	E7034_EW / 135 kg
Frame dimensions	37 x 134 mm
Transport box	1720 x 1110 x 550 mm Plywood
A Frame color	• • •
Mapplication color	• • •
Weight	256 kg



The Vertical Row features a split-type motion design with adjustable chest pads and a gas-assisted adjustable seat. The 360-degree rotating adaptive handle supports multiple training programs for different users. Users can comfortably and effectively strengthen the muscles of the upper back and lats with the Vertical Row.



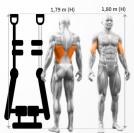




SPECIFICATIONS

E7035

\times	Dimension	1520 x 1445 x 1795 mm
Ħ	Weight stack	110 kg
	Extra weight stack	E7035_EW / 135 kg
	Frame dimensions	37 x 134 mm
	Transport box	1720 x 1110 x 500 mm Plywood
B.	Frame color	• • •
Ŋ	Application color	• • •
(NC)	Weight	265 kg



Seated training for the upper body and back, trains the entire back musculature. The handle is pulled towards the upper body in a controlled position, the cable pull enables a constant pulling movement for a comfortable exercise. Height-adjustable, slanted pads for the thighs ensure stability. Comfortable weight selection from a seated position.

ABDOMINAL ISOLATOR / E7073



SPECIFICATIONS

E7073

Dimension	1150x 1060 x 1575 mm
Weight stack	110 kg
Extra weight stack	E7073_EW / 135 kg
Frame dimensions	37 x 134 mm
Transport box	1720 x 1110 x 450 mm Plywood
Frame color	• • •
Mapplication color	• • •
Weight	229 kg



The Abdominal Isolator is designed in a kneeling position. The advanced ergonomic pads not only help users maintain the correct training position, but also enhances the training experience of the exercisers. The unique split-type motion arms design of the Fusion Pro Series allows exercisers to strengthen the training of the weak side.





FLAT BENCH / E7036



SPECIFICATIONS

E7036

Dimension	1265 x 790 x 460 mm
Weight stack	
Extra weight stack	-
Frame dimensions	37 x 134 mm
Transport box	1300 x 460 x 290 mm Carton
Frame color	• • •
Application color	• • •
WG Weight	27 kg



For freeweights exercises or abdominal trainer with different adjustment angles, wheels for mobility.

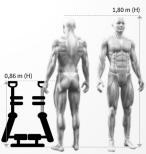
DECLINE ABDOMINAL BENCH / E7037



SPECIFICATIONS

E7037

\times	Dimension	1685 x 790 x 860 mm
曹	Weight stack	
8	Extra weight stack	
	Frame dimensions	37 x 134 mm
	Transport box	1750 x 720 x 260 mm Carton
B	Frame color	• • •
Ŋ	Application color	• • •
(NC)	Weight	61 kg



For freeweights exercises or abdominal trainer with different adjustment angles, wheels for mobility.





MULTI PURPOSE BENCH / E7038



SPECIFICATIONS

E7038

970 x 740 x 1040 mm
37 x 134 mm
1020 x 790 x 280 mm Carton
• • •
• • •
29 kg



Seat position with back rest, close to the ground for stability and comfort; Foot support for stability.

SUPER BENCH / E7039



SPECIFICATIONS

E7039

Dimension		1355 x 690 x 510 mm
Weight sta	ck	
Extra weig	ht stack	
Frame dim	ensions	37 x 134 mm
Transport	box	1360 x 730 x 480 mm Carton
Frame cold	or	• • •
Application	n color	• • •
Weight		43 kg



Bench with seat and backrest adjustment; Wheels for mobility; Adjustable to various angles.





OLYMPIC BENCH DECLINE / E7041



SPECIFICATIONS

Dimension	2145 x 1815 x 1310 mm
Weight stack	**
Extra weight stack	**
Frame dimensions	37 x 134 mm
Transport box	1520 x 950 x 460 mm Carton
Frame color	• • •
Application color	• • •
Weight	98 kg



Negative declined bench with four **hooks** for barbell and eight weight horns.

OLYMPIC BENCH INCLINE / E7042



SPECIFICATIONS E7042

Dimension	2185 x 1810 x 1570 mm
Weight stack	
Extra weight stack	-
Frame dimensions	37 x 134 mm
Transport box	1600 x 880 x 420 mm Carton
Frame color	• • •
Application color	• • •
√ Weight	101 kg



Inclined bench with four hooks for barbell and eight weight horns.





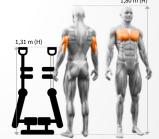
OLYMPIC BENCH / E7043



SPECIFICATIONS

E7043

∑ Dim	ension	2015 x 1815 x 1310 mm
Wei	ght stack	
Extr	a weight stack	
Fra	me dimensions	37 x 134 mm
Trai	nsport box	1350 x 900 x 360 mm Carton
A Fran	me color	• • •
App	lication color	• • •
Wei	ght	80 kg



Flat bench with four hooks for barbell and eight weight horns.

SEATED PREACHER CURL / E7044



SPECIFICATIONS

E7044

Dimension	1310 x 815 x 1005 mm
Weight stack	
Extra weight stack	
Frame dimensions	37 x 134 mm
Transport box	1650 x 900 x 300 mm Carton
Frame color	• • •
Mapplication color	• • •
Weight	66 kg



Bench offers two different positions for varied workouts and accommodates users of all sizes.





BACK EXTENSION / E7045



SPECIFICATIONS

E7045

L/0-	- -5	
\times	Dimension	1520 x 790 x 830 mm
曹	Weight stack	
	Extra weight stack	
	Frame dimensions	37 x 134 mm
	Transport box	1480 x 750 x 580 mm Carton
B	Frame color	• • •
W	Application color	• • •
NG NG	Weight	70 kg



Retaining bottom edge for stability and comfort throughout the entire exercise.

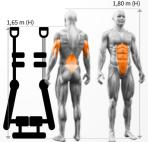
VERTICAL KNEES UP DIP / E7047



SPECIFICATIONS

E7047

Dimension	1040 x 720 x 1650 mm
Weight stack	
Extra weight stack	
Frame dimensions	37 x 134 mm
Transport box	1650 x 1100 x 280 mm Carton
Frame color	• • •
Application color	• • •
Weight	82 kg



Elbow pads and special dip handles provide comfort, shaped urethane pads protect the frame.





SQUAT RACK / E7050



SPECIFICATIONS

E7050

Dimension	1385 x 1745 x 1770 mm
Weight stack	
Extra weight stack	
Frame dimensions	37 x 134 mm
Transport box	1900 x 1450 x 200 mm Carton
Frame color	• • •
Application color	• • •
NG Weight	125 kg



The polyurethane coating reduces wear and limits noise makes for a gentle workout.

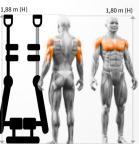
OLYMPIC SEATED BENCH / E7051



SPECIFICATIONS

E7051

\times	Dimension	1255 x 1100 x 18795 mm
	Weight stack	
書	Extra weight stack	
	Frame dimensions	37 x 134 mm
	Transport box	1850 x 1450 x 250 mm Carton
	Transport box Frame color	
	· ·	
	Frame color	



Military Bench features molded urethane protective racking that limits noise and protects the bar from wear for a stable and precise workout





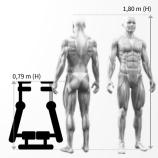
VERTICAL PLATE TREE / E7054



SPECIFICATIONS

E7054

Dimension	680 x 690 x 795 mm
Weight stack	-
Extra weight stack	-
Frame dimensions	37 x 134 mm
Transport box	880 x 750 x 320 mm Carton
Frame color	• • •
Application color	• • •
Weight	35 kg



Stable stand with six horns for weight plates; Easy to mount and remove the plates.

BARBELL RACK / E7055



SPECIFICATIONS

E7055

\times	Dimension	990 x 850 x 1320 mm
Ħ	Weight stack	
#	Extra weight stack	
	Frame dimensions	37 x 134 mm
	Transport box	1350 x 1050 x 200 mm Carton
8	Frame color	• • •
Ŋ	Application color	• • •
VG \	Weight	82 kg



1,80 m (H)

Accommodates a wide range of Barbells and Curl Bars; Ensures that equipment is easily accessible.





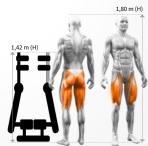
ANGELED LEG PRESS / E7056



SPECIFICATIONS

E	7	0	5	6	
		_			

\times	Dimension	2090 x 1400 x 1420 mm
Ħ	Weight stack	
#	Extra weight stack	
	Frame dimensions	37 x 134 mm
	Transport box	1420 x 1520 x 520 mm Plywood
B	Frame color	• • •
Ŋ	Application color	• • •
NC NC	Weight net / gross	200 kg / 248 kg



The Angled Leg Press features heavy duty commercial linear bearings for smooth motion and durable. The 45-degree angle and two starting positions simulate an optimal leg-pressure movement, but with spinal pressure removed. Two weight horns on the footplate allow users to easily load the weight plates, fixed handles is independent of the locking lever for better body stabilisation.

HACK SLIDE / E7057



SPECIFICATIONS

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Dimension	2040 x 1630 x 1220 mm
Weight stack	
Extra weight stack	
Frame dimensions	37 x 134 mm
Transport box	1420 x 1520 x 520 mm Plywood
Frame color	• • •
M Application color	• • •
Veight net / gross	175 kg / 223 kg



The Hack Squat simulates the motion path of a ground squat, providing the same experience as free weight training. Not only that, but the special angle design also eliminates the shoulder load and spinal pressure of traditional ground squats, stabilises the exerciser's center of gravity on the inclined plane, and ensures the straight transmission of force.





INCLINE LEVEL ROW / E7061



SPECIFICATIONS

E7061

Dimension	1770x 1160 x 1275 mm
Weight stack	
Extra weight stack	
Frame dimensions	37 x 134 mm
Transport box	1650 x 1550 x 410 mm Carton
Frame color	• • •
Application color	• • •
Weight net / gross	73 kg / 100 kg



Two differently arranged handles provide variance during the exercise. Two stand plates stainless steel pad for more grip at different heights adapt user sizes. The chest padding ensures comfortable lying on.

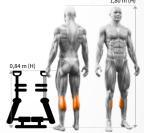
SEATED CALF / E7062



SPECIFICATIONS

E7062

\times	Dimension	1230 x 660 x 840 mm
	Weight stack	
醫	Extra weight stack	
	Frame dimensions	37 x 134 mm
	Transport box	1270 x 720 x 380 mm Carton
B	Frame color	• • •
W/	Application color	• • •
/HG	Weight net / gross	45 kg / 65 kg



The Seated Calf allows the user to activate the rationally using body weight and additional weight plates. Easily adjustable thigh pads support users of different sizes, and the seated design removes spinal pressure for a more comfortable and effective training. The start-stop catch lever ensures safety when starting and ending training.





SMITH MACHINE / E7063



SPECIFICATIONS

E7063

∑ Dimension	2090x 1500 x 2330 mm
Weight stack	
Extra weight stack	
Frame dimensions	37 x 134 mm
Transport box	2400 x 1550 x 400 mm Plywood
Frame color	• • •
Application color	• • •
Weight net / gross	222 kg / 270 kg



Due to the negative angle, a natural movement during pressure exercises and squats is particularly supported low starting weight due to counter weights. A closed guide rail with safety latches offers quick and easy adjustment. Eight weight ups.

SUPER SQUAT / E7065



5	X,	Dimension	1790 x 1630 x 1750 mm
Ē		Weight stack	
É		Extra weight stack	-
[Frame dimensions	37 x 134 mm
E	P	Transport box	2000 x 1100 x 620 mm Plywood
-	4	Frame color	
6	Ŋ	Application color	• • •
L	₩C\	Weight net / gbross	121 kg / 165 gross

The Super Squat offers both forward and reverse squat training modes to activate the major muscles of the thighs and hips. The wide, angled foot platform keeps the user's path of motion on an incline plane, greatly releasing pressure on the spine. The locking lever will automatically drop when you start training reachable locking handle for easy reset when exiting training.





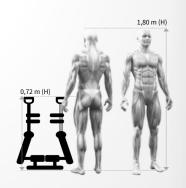
DUMBBELL RACK / E7067



SPECIFICATIONS

E7067

Dimension	2295 x 595 x 725 mm
Weight stack	
Extra weight stack	
Frame dimensions	37 x 134 mm
Transport box	2330 x 440 x 150 mm Carton
Frame color	• • •
Application color	• • •
Weight	50 kg



The clean, efficient 5 Pair Beauty Dumbbell Rack allows for easy access to of dumbbells in a space efficient design.

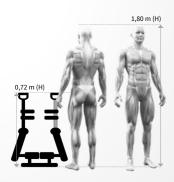
DUMBBELL RACK / E7077



SPECIFICATIONS

E7077

Dimension	2300 x 600 x 720 mm
Weight stack	
Extra weight stack	
Frame dimensions	37 x 134 mm
Transport box	2330 x 440 x 150 mm Carton
Frame color	• • •
Application color	• • •
√ Weight	76 kg



The clean, efficient 2-Tier, 10 Pair Dumbbell Rack allows for easy access to of dumbbells in a space efficient design.



DUMBBELL RACK / E7077S



SPECIFICATIONS

E7077S

\times	Dimension	1050 x 590 x 710 mm
Ħ	Weight stack	
	Extra weight stack	
	Frame dimensions	37 x 134 mm
	Transport box	910 x 690 x 210 mm Carton
8	Frame color	• • •
Ŋ	Application color	• • •
\mathcal{kc}	Weight	40 kg



This rack is compact and fit 5 pairs of dumbbells which is friendly to limited training areas such as hotels and apartments.

