

PSLT

FITNESS SOLUTIONS



EVOST III RANGE

THE MID MARKET STRENGTH RANGE

DISCOVER THE DHZ MID MARKET STRENGTH EQUIPMENT. SMARTLY PRODUCED AND AN AFFORDABLE SOLUTION.

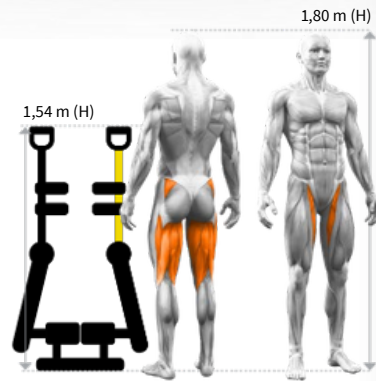
PRONE LEG CURL / U2001



SPECIFICATIONS

U2001

	Dimension	1650 x 960 x 1540 mm
	Weight stack	95 kg
	Extra weight stack	U2001_EW / 140 kg
	Frame dimensions	25 mm
	Transport box	1700 x 1100 x 320 mm Plywood
	Frame color	● ●
	Application color	● ● ●
	Weight	225 kg



The **FUSION PRO Series Prone Leg Curl** uses a Prone design to improve the user experience. The widened elbow pads and handles help users to better stabilise the torso, and the ankle roller pads can any length and ensure stable and optimal resistance.

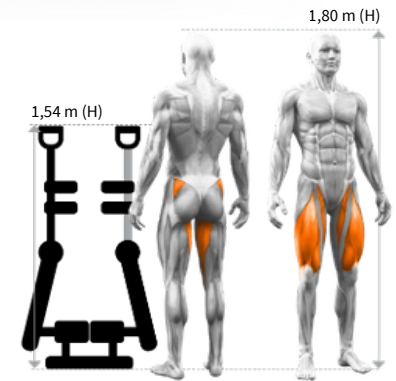
LEG EXTENSION / U2002



SPECIFICATIONS

U2002

	Dimension	1570 x 1030 x 1540 mm
	Weight stack	110 kg
	Extra weight stack	U2002_EW / 140 kg
	Frame dimensions	25 mm
	Transport box	1700 x 1100 x 420 mm Plywood
	Frame color	● ●
	Application color	● ● ●
	Weight	230 kg



The **Leg Extension** has several starting positions that can be freely adjusted according to the needs of the user to improve the flexibility of the training. The adjustable ankle padding allows the user to choose the most comfortable posture in a small area. The seat and back cushions have been ergonomically optimised, which also allows easy alignment of the knees with the axis of rotation to achieve good biomechanics.

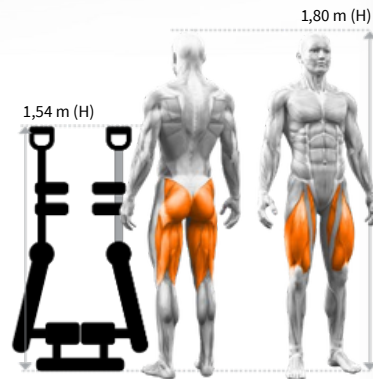
LEG PRESS / U2003



SPECIFICATIONS

U2003

	Dimension	2090 x 1060 x 1540 mm
	Weight stack	140 kg
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	2000 x 1100 x 370 mm Plywood
	Frame color	 
	Application color	  
	Weight	270 kg



The **FUSION PRO series Leg Press** has widened foot pads. To achieve a better training effect, the design allows full extension during training and supports the maintenance of verticality to simulate a squat exercise. The seat and back cushions have been ergonomically optimised to provide better support and comfort, which can also allow different users their desired starting positions.

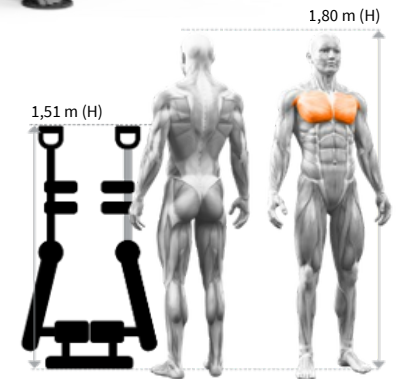
BUTTERFLY / U2004



SPECIFICATIONS

U2004

	Dimension	930 x 1480 x 1510 mm
	Weight stack	110 kg
	Extra weight stack	U2004_EW / 140 kg
	Frame dimensions	25 mm
	Transport box	2000 x 1100 x 420 mm Plywood
	Frame color	 
	Application color	  
	Weight	244 kg



The **Butterfly Machine** was developed to effectively activate most chest muscles and minimize the influence of the anterior delto muscle through the downward movement patterns. The seat and back cushions have been ergonomically optimised. In the mechanical structure, the independent movement arms make the force more even during the training process, and their shape design allows users to reach the best range of movement.

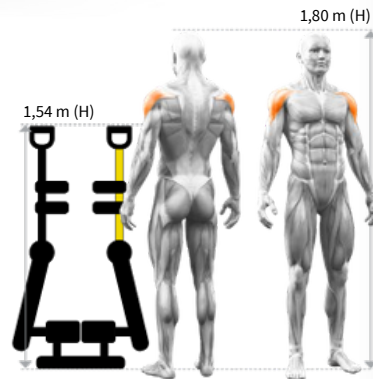
LATERAL RAISE / U2005



SPECIFICATIONS

U2005

✂ Dimension	980 x 1270 x 1540 mm
📋 Weight stack	52 kg
📋 Extra weight stack	--
📏 Frame dimensions	25 mm
📦 Transport box	1700 x 1100 x 370 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	180 kg



The Lateral Raise is designed so that the exercisers can take a sitting posture and easily adjust the height of the seat to ensure that the shoulders are aligned with the pivot point and thus an effective training can be carried out. The seat has been ergonomically optimised to provide better support and comfort. And the upright, open design makes it easier to get in and out of the device.

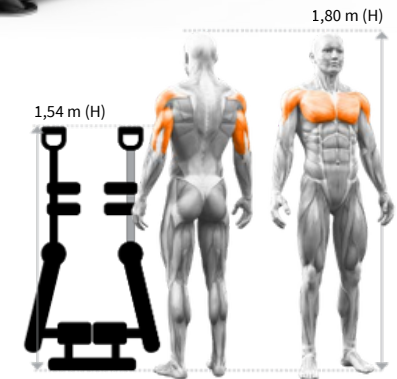
SHOULDER PRESS / U2006



SPECIFICATIONS

U2006

✂ Dimension	1750 x 1350 x 1540 mm
📋 Weight stack	110 kg
📋 Extra weight stack	U2006_EW / 140 kg
📏 Frame dimensions	25 mm
📦 Transport box	1700 x 1100 x 420 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	237 kg



The Shoulder Press uses a sloping back padding with an adjustable seat to better stabilize the torso and adapt to users of different sizes. The shoulder press is simulated to make the Biomechanics better understand movement of the shoulder. The device is also equipped with comfortable handles with different positions, which increases the comfort of the exercisers and the variety of exercises.

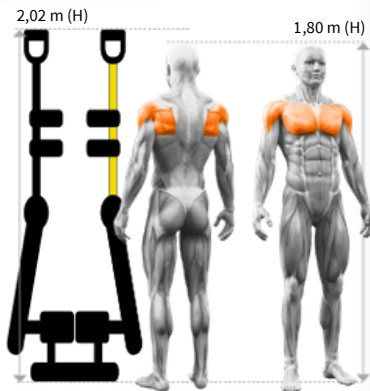
REAR DELT / PEC FLY / U2007



SPECIFICATIONS

U2007

✂ Dimension	1860 x 1310 x 2020 mm
📋 Weight stack	110 kg
📋 Extra weight stack	--
📏 Frame dimensions	25 mm
📦 Transport box	2070 x 820 x 320 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	273 kg



The **Rear Delt / Pec Fly** is equipped with adjustable, rotating arms, which should adapt to the arm length of different exercisers and offer the right training posture. The independent adjustment crank on both sides not only offer different starting positions, but also provide more variety in training. The long and narrow back padding provides support for the back during the Pec Fly and for the chest muscles during the training of the delta muscles.

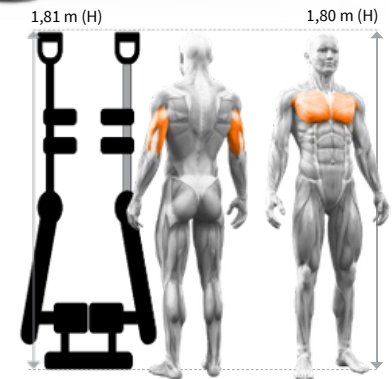
VERTICAL PRESS / U2008



SPECIFICATIONS

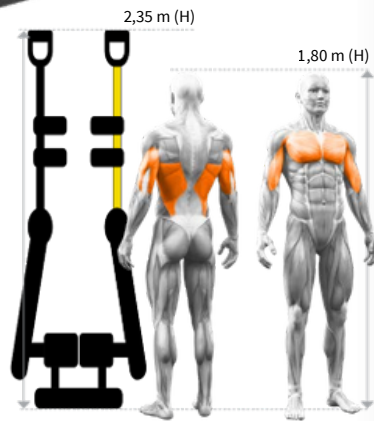
U2008

✂ Dimension	1490 x 1060 x 1810 mm
📋 Weight stack	110 kg
📋 Extra weight stack	U2008_EW / 140 kg
📏 Frame dimensions	25 mm
📦 Transport box	2100 x 1100 x 570 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	246 kg



The **FUSION PRO Series Vertical Press** is ideal for training muscle parts of the upper body. The adjustable back cushion allows a flexible starting position that balances both comfort and performance. The Split-Type Motion Design allows the exerciser to choose between different training programs. The low pivot point of the movement arm ensures a correct movement path and makes it easier to get in and out of the unit.

DIP/CHIN ASSIST / U2009



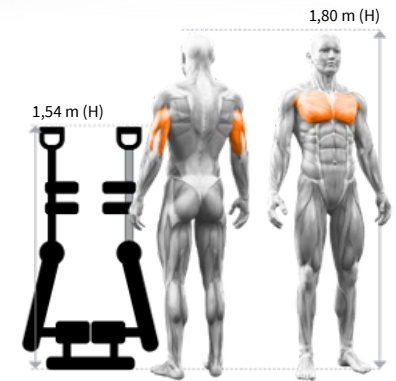
SPECIFICATIONS

U2009

✂ Dimension	1390 x 1220 x 2350 mm
📋 Weight stack	88 kg
📋 Extra weight stack	--
📏 Frame dimensions	25 mm
📦 Transport box	1700 x 1100 x 320 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	220 kg

The Dip / Chin Assist is a sophisticated dual-function system. Large running boards, comfortable knee pads, rotatable tilt handles and multi-position pull bars are part of the highly versatile Dip-Chin Assist device. The knee protector can be folded in to allow the user an unsupported training. The linear bearing mechanism guarantees the overall stability and durability of the device. The adjusted weight reduces the necessary pulling force.

INCLINE PRESS / U2013



SPECIFICATIONS

U2013

✂ Dimension	2070 x 1470 x 1540 mm
📋 Weight stack	110 kg
📋 Extra weight stack	U2013_EW / 140 kg
📏 Frame dimensions	25 mm
📦 Transport box	2000 x 1220 x 420 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	274 kg

The Incline Press meets the needs of different users for inclined bench press through a small adjustment over the adjustable seat and back cushion. The double-position handle can meet the comfort and exercise variety of the exercisers. The seat and back cushion have been ergonomically optimised, and the reasonable movement path allows users to train in a less spacious environment without feeling constricted or restricted.

CABLE CROSSOVER / U2016



SPECIFICATIONS

U2016

	Dimension	4440 x 1110 x 2310 mm
	Weight stack	95 kg
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	3300 x 1100 x 570 mm Plywood
	Frame color	● ●
	Application color	
	Weight	353 kg

The Cable Crossover is a self-contained cable crossover device that provides two sets of adjustable cable positions, allowing two users to execute different workouts at the same time, or individually. Supplied with a rubber-wrapped pull-up handle with dual grip positions. With quick and easy adjustments, users can use it alone or in combination with gym benches and other accessories to complete a variety of workouts.

CABLE CROSSOVER / U2017



SPECIFICATIONS

U2017

	Dimension	1565 x 1200 x 2165 mm
	Weight stack	95 kg
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	2250 x 1080 x 340 mm Plywood
	Frame color	● ●
	Application color	
	Weight	353 kg

The Cable Crossover supports taller users for diverse workouts, with 21 adjustable cable positions to accommodate most users of all sizes, making it even better when used as a standalone device. The double 95kg weight stack provides enough load even for experienced lifters.

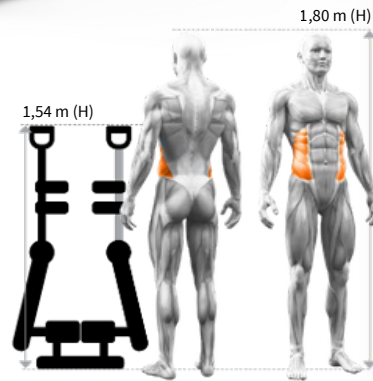
ROTARY TORSO / U2018



SPECIFICATIONS

U2018

	Dimension	1140 x 1020 x 1540 mm
	Weight stack	65 kg
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1700 x 1100 x 350 mm Plywood
	Frame color	
	Application color	
	Weight	166 kg



The **FUSION PRO Series Rotary Torso** is a powerful and comfortable device that offers users an effective way to strengthen the core and back muscles. The knee seat design is used, which can stretch the hip flexors while the pressure on the lower back is reduced as much as possible. The uniquely designed knee pads ensure stability and comfort during use and offer protection for multi-position training.

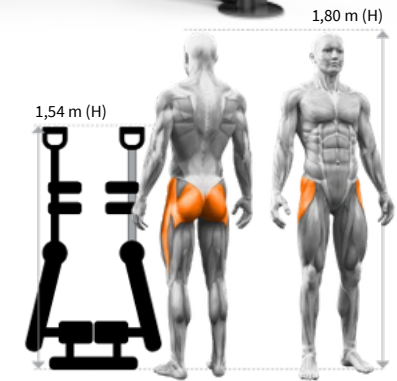
ADDUCTOR & ABDUCTOR / U2021



SPECIFICATIONS

U2021

	Dimension	1610 x 750 x 1540 mm
	Weight stack	92 kg
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1700 x 1100 x 420 mm Plywood
	Frame color	
	Application color	
	Weight	235 kg



The **FUSION PRO Abductor & Adductor** has an easily adjustable starting position for both internal and external thigh exercises. Two footrests can accommodate a variety of exercisers. The seat and the back cushion were ergonomically optimised to provide better support and comfort. And the swivel thigh pads are angled for improved function and comfort during training, which makes it easier for exercisers to concentrate on muscle strength.

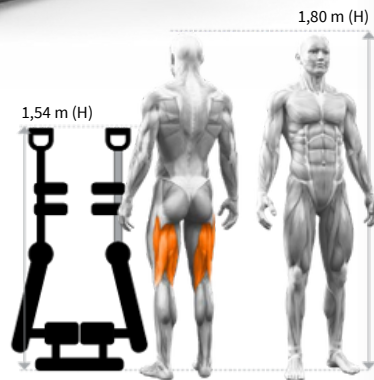
SEATED LEG CURL / U2023



SPECIFICATIONS

U2023

✂ Dimension	1480 x 1080 x 1540 mm
📋 Weight stack	110 kg
📋 Extra weight stack	U2023_EW / 140 kg
📏 Frame dimensions	25 mm
📦 Transport box	1700 x 1100 x 420 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	245 kg



The **FUSION PRO Series Seated Leg Curl** is designed with adjustable calf and thigh pads. The wide seat padding is slightly inclined to correctly align the exerciser's knees with the pivot point so that customers have the right training, and can achieve better muscle isolation as well as higher comfort.

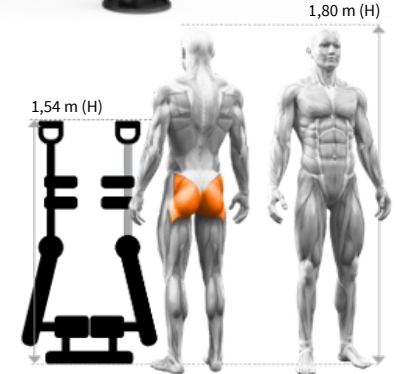
GLUTE ISOLATOR / U2024



SPECIFICATIONS

U2024

✂ Dimension	1030 x 1230 x 1540 mm
📋 Weight stack	49 kg
📋 Extra weight stack	U2024_EW / 94 kg
📏 Frame dimensions	25 mm
📦 Transport box	1700 x 1100 x 290 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	139 kg



The **Glute Isolator** is based on the standing position on the floor and aims to train the muscles of the hips and legs. Elbow pads, adjustable chest pads and handles provide stable support for different users. The use of solid floor feet instead of counterweight plates improves the stability of the device and increases the room for movement. The exerciser can enjoy a stable strength development to maximise hip extension.

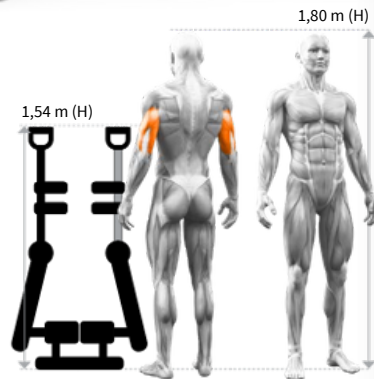
SEATED DIP / U2026



SPECIFICATIONS

U2026

✂ Dimension	1560 x 1210 x 1540 mm
📋 Weight stack	110 kg
📋 Extra weight stack	U2026_EW / 140 kg
📏 Frame dimensions	25 mm
📦 Transport box	1700 x 1320 x 350 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	232 kg



The **FUSION PRO Series Seated Dip** is designed for the training of the triceps and chest muscles. The device imitates the movement of the traditional push-ups on parallel rods and offers guided support for training. In doing so, the safety of the exercise is guaranteed. The seat and back padding have been ergonomically optimised to provide better support and comfort.

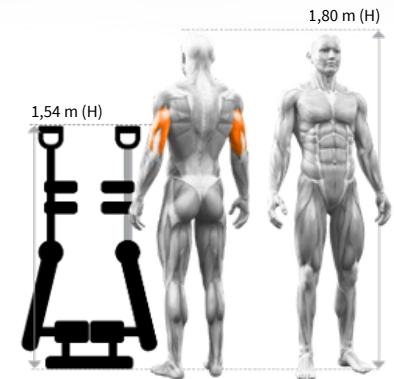
SEATED TRICEPS-FLAT / U2027



SPECIFICATIONS

U2027

✂ Dimension	960 x 1240 x 1540 mm
📋 Weight stack	65 kg
📋 Extra weight stack	U2027_EW / 110 kg
📏 Frame dimensions	25 mm
📦 Transport box	1680 x 1080 x 350 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	186 kg



The **Seated Triceps Flat** ensures that the exerciser's arms are fixed in the correct training position to train their triceps with maximum efficiency and comfort through the seat adjustment and the integrated elbow arm pad. The structure of the device is simple and practical and takes into account the ease of use and the training effect.

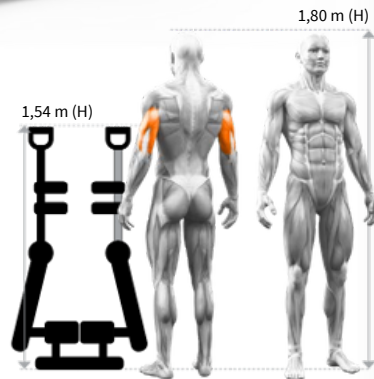
TRICEPS EXTENSION / U2028



SPECIFICATIONS

U2028

✂ Dimension	1160 x 960 x 1540 mm
📋 Weight stack	65 kg
📋 Extra weight stack	U2028_EW / 110 kg
📏 Frame dimensions	25 mm
📦 Transport box	1700 x 1100 x 350 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	165 kg



The **FUSION PRO Series Triceps Extension** uses a classic design to emphasise the biomechanics of the triceps extension. In order to enable users to train their triceps comfortably and efficiently, the seat adjustment and the inclined arm pads play a good role in positioning.

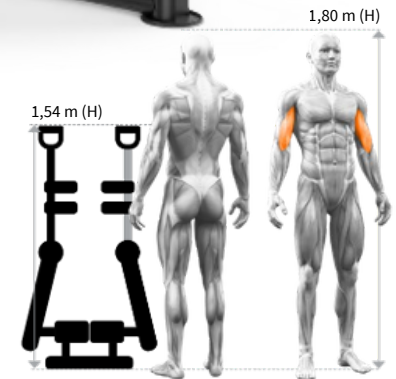
BICEPS CURL / U2030



SPECIFICATIONS

U2030

✂ Dimension	1200 x 940 x 1540 mm
📋 Weight stack	65 kg
📋 Extra weight stack	U2030_EW / 110 kg
📏 Frame dimensions	25 mm
📦 Transport box	1700 x 1100 x 320 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	160 kg



The **Biceps Curl** has a scientific curl position with a convenient automatic adjustment handle that can adapt to different users. The adjustable single-seat ratchet mechanism can not only give the user to find the right movement position, but also to enable effective stimulation of the biceps and make the training more perfect. The seat has been ergonomically optimised to provide better support and comfort.

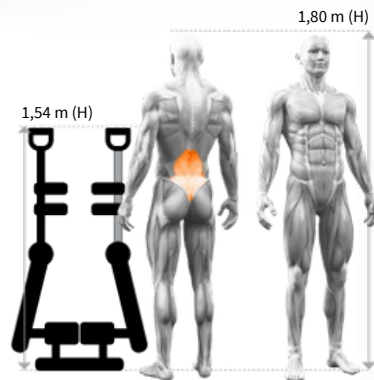
BACK EXTENSION / U2031



SPECIFICATIONS

U2031

✂ Dimension	1270 x 1010 x 1540 mm
📋 Weight stack	110 kg
📋 Extra weight stack	--
📏 Frame dimensions	25 mm
📦 Transport box	1700 x 1100 x 370 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	241 kg



The **FUSION PRO Back Extension** has a walk-in design with adjustable back wheels that allows the exerciser to freely choose the range of movement. The widened waist pad provides comfortable and excellent support throughout the entire range of motion. Simple lever principle, excellent sports experience.

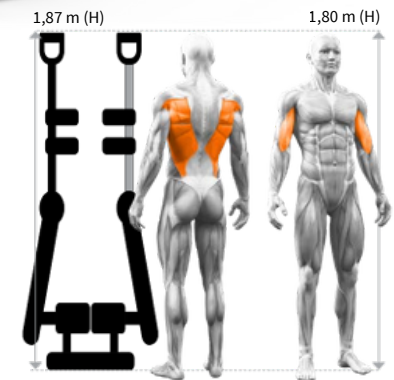
LONG PULL / U2033



SPECIFICATIONS

U2033

✂ Dimension	1800 x 1330 x 1870 mm
📋 Weight stack	110 kg
📋 Extra weight stack	--
📏 Frame dimensions	25 mm
📦 Transport box	2100 x 1100 x 420 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	215 kg



The **Long Pull** can be used not only as part of the serial modular core of a slot workstation or a multi-person station, but also as a stand-alone mid-row device. The Long Pull has an elevated seatZ for convenient entry and exit. Separate foot pads can adapt to users of different heights without affecting the movement path of the device. The mid-row position allows users to maintain an upright back position. Handles are easily replaceable.

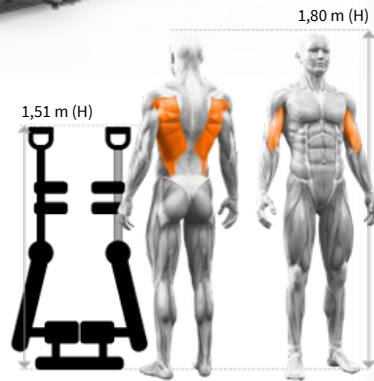
VERTICAL ROW / U2034



SPECIFICATIONS

U2034

✂ Dimension	1490 x 1290 x 1510 mm
📋 Weight stack	95 kg
📋 Extra weight stack	U2034_EW / 110 kg
📏 Frame dimensions	25 mm
📦 Transport box	1700 x 1100 x 420 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	231 kg



The Vertical Row has an adjustable chest padding and seat height and can provide a starting position according to the size of different users. The seat and chest padding have been ergonomically optimized to offer better support and comfort. The L-shaped design of the handle allows users to use both wide and narrow grip methods for training to better activate the corresponding muscle groups.

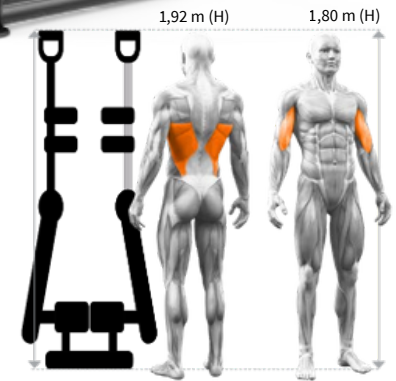
PULLDOWN / U2035



SPECIFICATIONS

U2035

✂ Dimension	1300 x 1400 x 1920 mm
📋 Weight stack	110 kg
📋 Extra weight stack	--
📏 Frame dimensions	25 mm
📦 Transport box	1700 x 1100 x 600 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	267 kg



The FUSION PRO Series Pull Down has a refined biomechanical design that enables a more natural and fluid movement sequence. The ergonomically optimised seat and the rolling pads maximize comfort and stability for trainers of all sizes and help them to position themselves correctly.

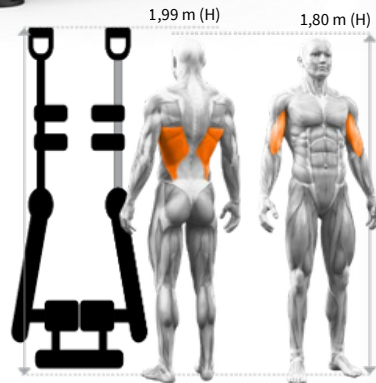
STANDING MULTI FLIGHT / U2046



SPECIFICATIONS

U2046

	Dimension	1430 x 890 x 1990 mm
	Weight stack	80 kg
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1980 x 1080 x 580 mm Plywood
	Frame color	● ●
	Application color	● ● ●
	Weight	322 kg



The Multifunctional Machine is for a complete upper body workout. With height adjustment of the rotation centers, counterbalanced and starting angle adjustment, this machine ensures a natural and effective adaptation of the load.

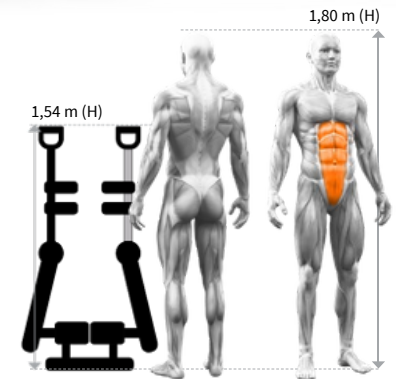
ABDOMINAL ISOLATOR / U2073



SPECIFICATIONS

U2073

	Dimension	1330 x 1010 x 1540 mm
	Weight stack	95 kg
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1700 x 1100 x 320 mm Plywood
	Frame color	● ●
	Application color	● ● ●
	Weight	214 kg



The FUSION PRO Abdominal Isolator follows a walk-in minimalist design with no unnecessary adjustment steps. Uniquely designed seat pad provides strong support and protection during training. Foam rollers provide effective cushioning for training, and counterweights provide low starting resistance to ensure smooth and safe movement

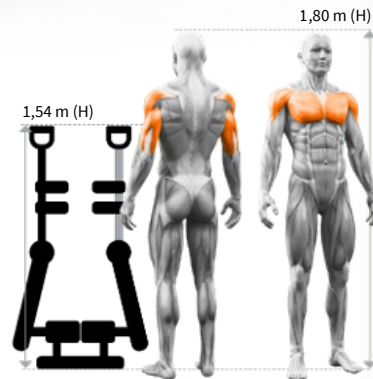
CHEST & SHOULDER PRESS / U2084



SPECIFICATIONS

U2084

	Dimension	1810 x 1460 x 1540 mm
	Weight stack	110 kg
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	2000 x 1100 x 420 mm Plywood
	Frame color	 
	Application color	  
	Weight	256 kg



The Chest & Shoulder Press combines the functions of three machines in one. The user can adjust the pressure arm and the seat on the machine to perform bench press, oblique upward pressure and shoulder press. The seat and the back cushion has been ergonomically optimised. The comfortable, oversized handles in several positions, combined with the simple adjustment of the seat, allow users to easily in position to perform different exercises.

LAT & PULL / U2085



SPECIFICATIONS

U2085

	Dimension	1970 x 1150 x 2240 mm
	Weight stack	110 kg
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	2100 x 1100 x 420 mm Plywood
	Frame color	 
	Application color	  
	Weight	230 kg



The FUSION PRO Series Lat & Pull is a dual-function machine with positions for lat pull and medium rowing. It has an easily adjustable thigh holding padding, an extended seat and a skirting board to facilitate both exercises. Without leaving the seat, you can quickly switch to another training by making simple adjustments to maintain the continuity of the training.

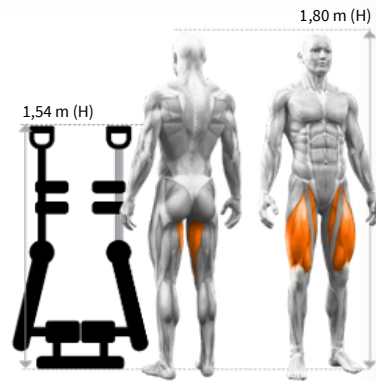
LEG EXTENSION & LEG CURL / U2086



SPECIFICATIONS

U2086

	Dimension	1450 x 1020 x 1540 mm
	Weight stack	110 kg
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1700 x 1100 x 470 mm Plywood
	Frame color	 
	Application color	  
	Weight	255 kg



The **FUSION PRO Series Leg Extension & Leg Curl** is a dual-function machine. With practical shin and ankle padding that you can easily adjust from the sitting position. The seat and back cushion have been ergonomically optimized to offer better support and comfort. The shin padding is located below the knee and is specially designed for the leg stretcher to help users find the right training position for different exercises.

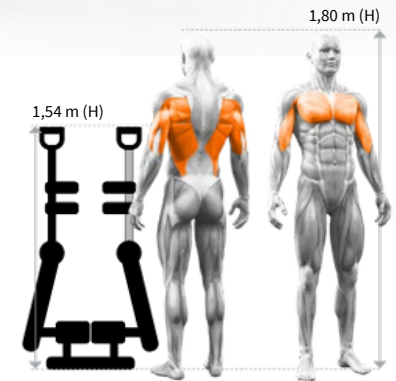
CAMBER CURL & TRICEPS / U2087



SPECIFICATIONS

U2087

	Dimension	1340 x 1070 x 1540 mm
	Weight stack	110 kg
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1700 x 1100 x 580 mm Plywood
	Frame color	 
	Application color	  
	Weight	225 kg



The **Camber Curl & Triceps** uses biceps-triceps combination grips, with which two exercises can be performed on one machine. The adjustable ratchet mechanism of the single-seater can not only help the user find the correct moving position, but also to ensure the best comfort. The seat and back cushion have been ergonomically optimised. A correct training posture and strength position can improve the performance of the exercise.

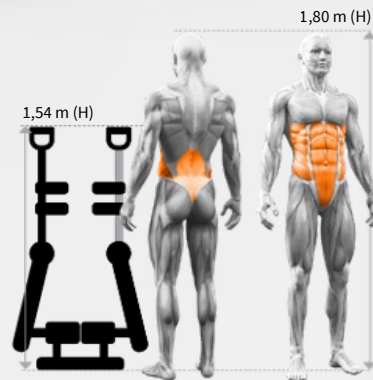
ABDOMINAL & BACK EXTENSION / U2088



SPECIFICATIONS

U2088

	Dimension	1550 x 1900 x 1540 mm
	Weight stack	110 kg
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1700 x 1100 x 580 mm Plywood
	Frame color	● ● ●
	Application color	● ● ●
	Weight	245 kg



The **Abdominal & Back Extension** is a dual-function machine designed to allow users to perform two exercises without leaving the machine. Both exercises utilize comfortable padded shoulder straps. A simple position adjustment provides two starting positions for the back extension and one for the abdominal extension.



BENCHES

BORN FROM EXPERIENCE.

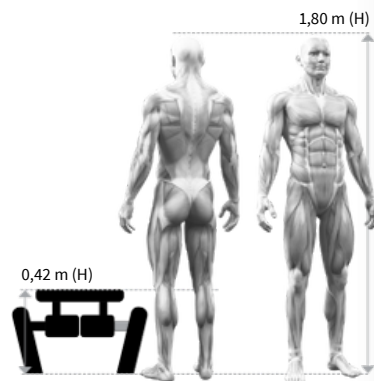
FLAT BENCH / U2036



SPECIFICATIONS

U2036

	Dimension	1300 x 760 x 420 mm
	Weight stack	--
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1270 x 390 x 230 mm Plywood
	Frame color	● ●
	Application color	● ● ●
	Weight	20 kg



Simple flat bench with ideal height for dumbbell training.

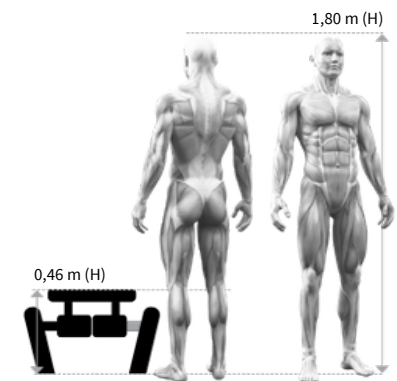
DECLINE BENCH / U2037



SPECIFICATIONS

U2037

	Dimension	1690 x 760 x 460 mm
	Weight stack	--
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1370 x 590 x 310 mm Plywood
	Frame color	● ●
	Application color	● ● ●
	Weight	45 kg



For freeweights exercises or abdominal trainer with different adjustment angles. Wheels for mobility.

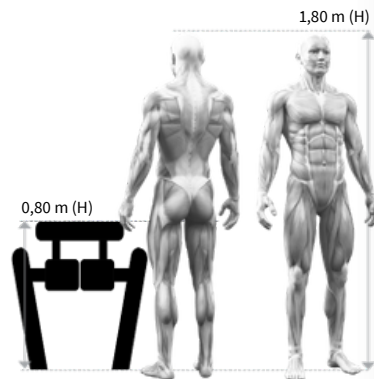
SEATED BENCH / U2038



SPECIFICATIONS

U2038

	Dimension	1220 x 760 x 800 mm
	Weight stack	--
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1160 x 450 x 220 mm Plywood
	Frame color	 
	Application color	  
	Weight	20 kg



Seat position with back rest, close to the ground for stability and comfort. Foot support for stability.

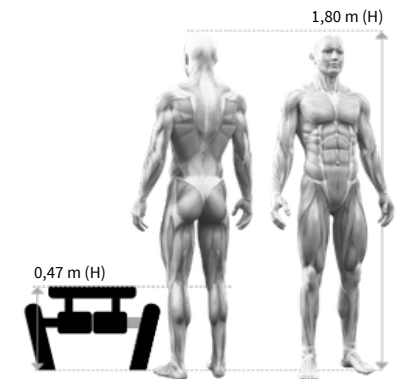
SUPER BENCH / U2039



SPECIFICATIONS

U2039

	Dimension	1410 x 760 x 470 mm
	Weight stack	--
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1420 x 500 x 260 mm Plywood
	Frame color	 
	Application color	  
	Weight	38 kg



Bench with seat and backrest adjustment. Wheels for mobility. Adjustable to various angles.

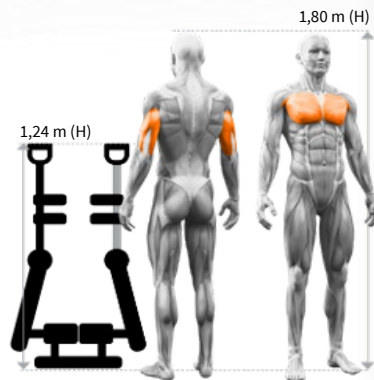
OLYMPIC BENCH DECLINE / U2041



SPECIFICATIONS

U2041

	Dimension	2080 x 1770 x 1240 mm
	Weight stack	--
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1310 x 810 x 280 mm Plywood
	Frame color	● ●
	Application color	● ● ●
	Weight	69 kg



Negative declined bench with four hooks for barbell and four weight horns.

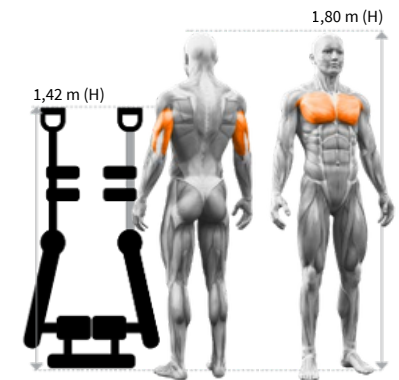
OLYMPIC BENCH INCLINE / U2042



SPECIFICATIONS

U2042

	Dimension	2000 x 1770 x 1420 mm
	Weight stack	--
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1550 x 790 x 370 mm Plywood
	Frame color	● ●
	Application color	● ● ●
	Weight	79 kg



Inclined bench with four hooks for barbell and four weight horns.

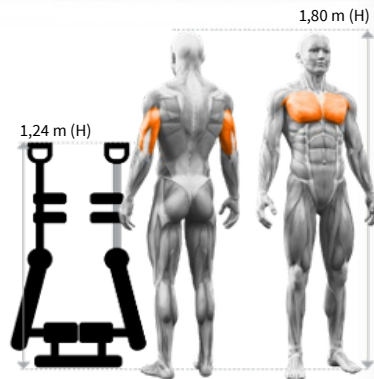
OLYMPIC BENCH / U2043



SPECIFICATIONS

U2043

	Dimension	1740 x 1770 x 1240 mm
	Weight stack	--
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1290 x 920 x 240 mm Plywood
	Frame color	● ●
	Application color	● ● ●
	Weight	52 kg



Flat bench with four hooks for barbell and four weight horns.

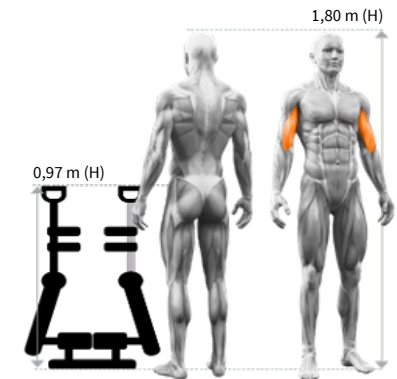
SEATED PREACHER CURL / U2044



SPECIFICATIONS

U2044

	Dimension	1300 x 800 x 970 mm
	Weight stack	--
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1170 x 950 x 390 mm Plywood
	Frame color	● ●
	Application color	● ● ●
	Weight	45 kg



The **Seated Preacher Curl** offers two different positions for different workouts, which helps users with targeted comfort training to effectively activate the biceps. Open access design accommodates users of different sizes, the elbow rests help with proper customer positioning.

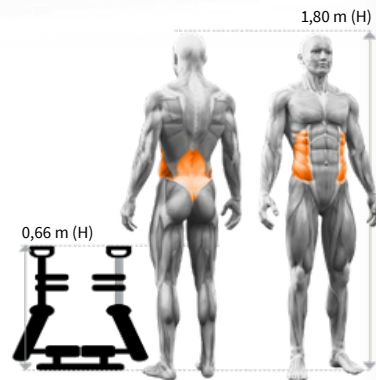
BACK EXTENSION / U2045



SPECIFICATIONS

U2045

	Dimension	1200 x 960 x 660 mm
	Weight stack	--
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1170 x 950 x 390 mm Plywood
	Frame color	● ●
	Application color	● ● ●
	Weight	55 kg



Retaining bottom edge for stability and comfort throughout the entire exercise.

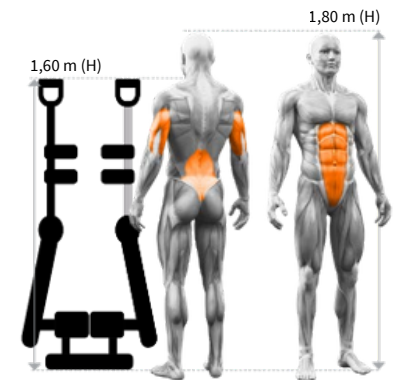
VERTICAL KNEES UP DIP / U2047



SPECIFICATIONS

U2047

	Dimension	1200 x 820 x 1600 mm
	Weight stack	--
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1640 x 1210 x 270 mm Plywood
	Frame color	● ●
	Application color	● ● ●
	Weight	54 kg



Elbow pads and special dip handles provide comfort, shaped urethane pads protect the frame.

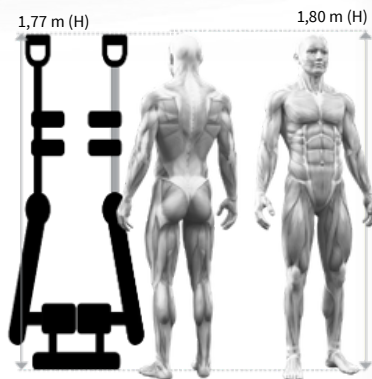
SQUAT RACK / U2050



SPECIFICATIONS

U2050

	Dimension	1370 x 1680 x 1770 mm
	Weight stack	--
	Extra weight stack	--
	Frame dimensions	25 mm
	Transport box	1950 x 770 x 250 mm Plywood
	Frame color	● ●
	Application color	
	Weight	76 kg



The bench offers multiple bar catches (ten weight horns.) to ensure the correct starting position for different squat workouts. The inclined design ensures a clear training path, and the double-sided limiter protects the user from the injury caused by the sudden drop of the barbell.

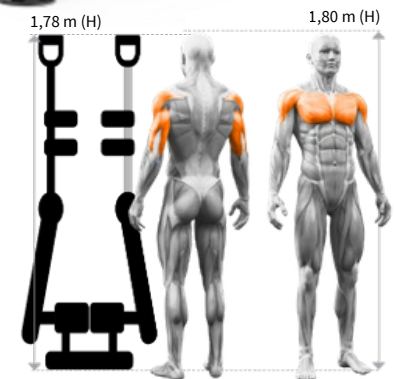
OLYMPIC SEATED BENCH / U2051



SPECIFICATIONS

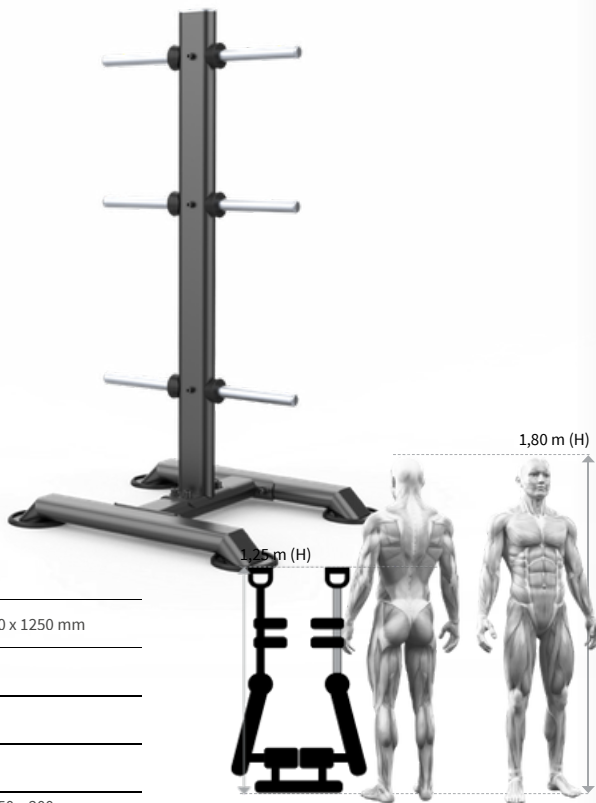
U2051

	Dimension	1170 x 1680 x 1780 mm
	Weight stack	--
	Extra weight stack	--
	Frame dimensions	325 mm
	Transport box	1820 x 890 x 270 mm Plywood
	Frame color	● ●
	Application color	● ● ●
	Weight	92 kg



The bench with four weight horns. Features an angled seat provides correct and comfortable positioning, and the integrated limiters on both sides maximize the protection of exercisers from sudden dropping of Olympic bars. The non-slip spotter platform provides the ideal assisted training position, and the footrest provides extra support.

VERTICAL PLATE TREE / U2054



SPECIFICATIONS

U2054

✂ Dimension	760 x 650 x 1250 mm
📋 Weight stack	--
📋 Extra weight stack	--
📏 Frame dimensions	25 mm
📦 Transport box	1220 x 350 x 200 mm Plywood
🔧 Frame color	● ●
🔧 Application color	
⚖ Weight	19,50 kg

Stable stand with six horns for weight plates. Easy to mount and remove the plates.

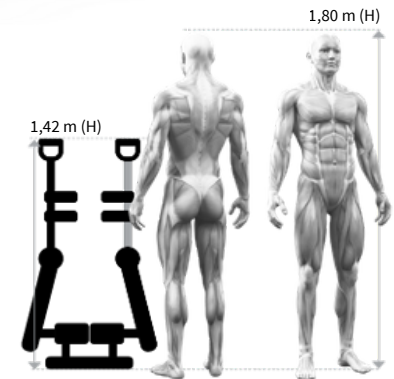
BARBELL RACK / U2055



SPECIFICATIONS

U2055

✂ Dimension	990 x 900 x 1420 mm
📋 Weight stack	--
📋 Extra weight stack	--
📏 Frame dimensions	25 mm
📦 Transport box	1390 x 1030 x 150 mm Plywood
🔧 Frame color	● ●
🔧 Application color	
⚖ Weight	50 kg



Accommodates a wide range of barbells and curl bars; ensures that equipment is easily accessible.

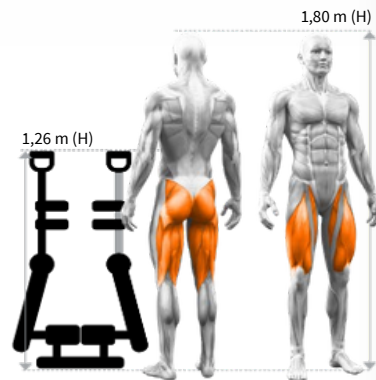
ANGLED LEG PRESS / U2056S



SPECIFICATIONS

U2056S

✂ Dimension	2170 x 1610 x 1260 mm
📋 Weight stack	--
📋 Extra weight stack	--
📏 Frame dimensions	25 mm
📦 Transport box	1980 x 1080 x 400 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	220 kg



The **Angled Leg Press** features heavy duty commercial linear bearings for smooth motion and durable. The 45-degree angle and two starting positions simulate an optimal leg-pressure movement, but with spinal pressure removed. The ergonomically optimized seat design provides accurate body positioning and support, the four weight horns on the footplate allow users to easily load the weight plates.

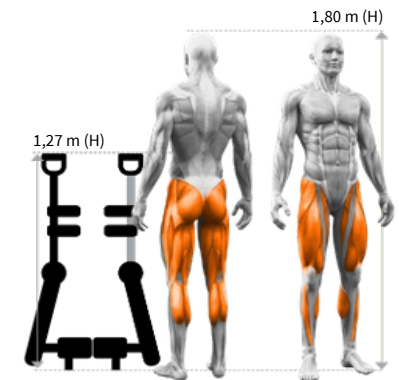
HACK SLIDE / U2057S



SPECIFICATIONS

U2057S

✂ Dimension	2230 x 1630 x 1270 mm
📋 Weight stack	--
📋 Extra weight stack	--
📏 Frame dimensions	25 mm
📦 Transport box	2230 x 1350 x 470 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	170 kg



The **Hack Slide** simulates the motion path of a ground squat, providing the same experience as free weight training. Not only that, but the special angle design also eliminates the shoulder load and spinal pressure of traditional ground squats, stabilises the exerciser's center of gravity on the inclined plane, and ensures the straight transmission of force.

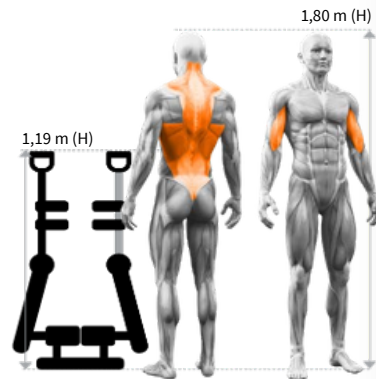
INCLINE LEVEL ROW / U2061



SPECIFICATIONS

U2061

 Dimension	1780 x 1140 x 1190 mm
 Weight stack	--
 Extra weight stack	--
 Frame dimensions	25 mm
 Transport box	1700 x 1100 x 470 mm Plywood
 Frame color	● ●
 Application color	● ● ●
 Weight	67 kg



The **Incline Level Row** uses the inclined angle to transfer more load to the back, effectively activate the back muscles, and the chest pad ensures stable and comfortable support. The dual-foot platform allows users of different sizes to be in the correct training position, and the dual-grip boom provides multiple possibilities for back training.

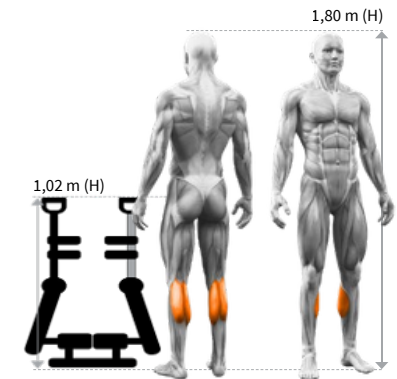
SEATED CALF / U2062



SPECIFICATIONS

U2062

 Dimension	1500 x 720 x 1020 mm
 Weight stack	--
 Extra weight stack	--
 Frame dimensions	25 mm
 Transport box	1290 x 720 x 270 mm Plywood
 Frame color	● ●
 Application color	● ● ●
 Weight	55 kg



The **Seated Calf** allows the user to activate the rationally using body weight and additional weight plates. Easily adjustable thigh pads support users of different sizes, and the seated design removes spinal pressure for a more comfortable and effective training. The start-stop catch lever ensures safety when starting and ending training.

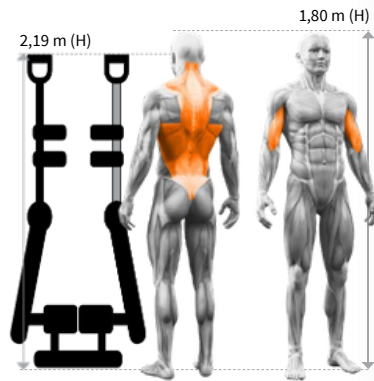
SMITH MACHINE / U2063



SPECIFICATIONS

U2063

✂ Dimension	2220x 1530 x 2190 mm
📋 Weight stack	--
📋 Extra weight stack	--
📏 Frame dimensions	2,5 mm
📦 Transport box	2250 x 1550 x 340 mm Plywood
🔧 Frame color	● ●
🔧 Application color	
⚖ Weight	208 kg



The Smith Machine is popular among users as an innovative, stylish, and safe plate loaded machine. The vertical motion of the Smith bar provides a stable path to assist exercisers in achieving the correct squat. Multiple locking positions allow users to stop training by rotating the Smith bar at any point during process of the exercise, and a cushioned base on the bottom protects the machine from damage caused by a sudden drop of the load bar.

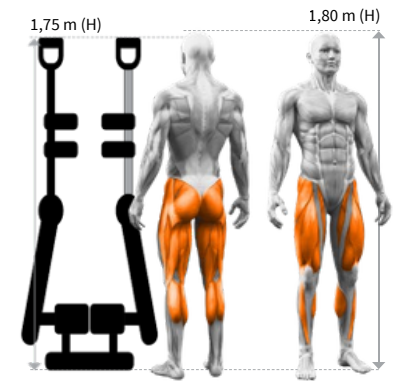
SUPER SQUAT / U2065



SPECIFICATIONS

U2065

✂ Dimension	1690 x 1630 x 1750 mm
📋 Weight stack	--
📋 Extra weight stack	--
📏 Frame dimensions	25 mm
📦 Transport box	2100 x 1100 x 420 mm Plywood
🔧 Frame color	● ●
🔧 Application color	● ● ●
⚖ Weight	113 kg



The Super Squat offers both forward and reverse squat training modes to activate the major muscles of the thighs and hips. The wide, angled foot platform keeps the user's path of motion on an incline plane, greatly releasing pressure on the spine. The locking lever will automatically drop when you start training reachable locking handle for easy reset when exiting training.

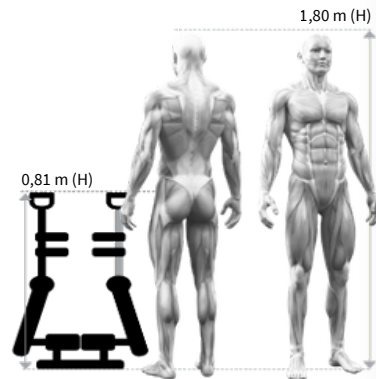
DUMBBELL RACK / U2077



SPECIFICATIONS

U2077

✂ Dimension	2130 x 620 x 810 mm
📋 Weight stack	--
📋 Extra weight stack	--
📏 Frame dimensions	25 mm
📦 Transport box	2200 x 280 x 170 mm Plywood
🔧 Frame color	● ●
🔧 Application color	
⚖ Weight	55 kg



The clean, efficient 2-Tier, 10 Pair Dumbbell Rack allows for easy access to of dumbbells in a space efficient design.

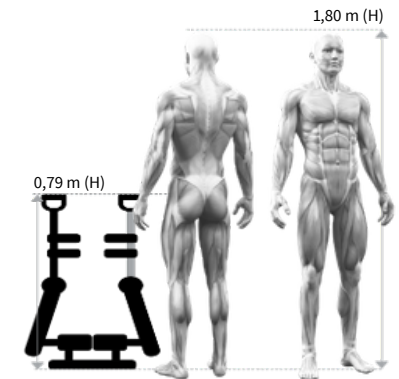
DUMBBELL RACK / U2077S



SPECIFICATIONS

U2077S

✂ Dimension	1050 x 620 x 790 mm
📋 Weight stack	--
📋 Extra weight stack	--
📏 Frame dimensions	25 mm
📦 Transport box	-- Plywood
🔧 Frame color	● ●
🔧 Application color	
⚖ Weight	36 kg



This rack is compact and fit 5 pairs of dumbbells which is friendly to limited training areas such as hotels and apartments.

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